

Possible inner problems caused by wrongly aligned vertebrae.

Possible problems caused by wrongly aligned vertebrae

The vertebral column viewed from the side.

crowns chakra, lacking "overall view", problems with the creator, desire to comprehend everything with one's head

forehead chakra, lacking "farsightedness", does not want to look or strain the visual senses

does not want to listen, no firm point of view, wavering, loses stability, feelings of guilt

throat chakra, inability to speak well, unable to bite one's way through, lump in throat

allows oneself to be humiliated, feels suppressed, suffers silently, does not defend oneself

happily overburdens oneself, shoulders carry a great deal, does everything by oneself, no trust

heart chakra, can not be loving, locks one's heart, hard-hearted, joyless

wants nothing for oneself, puts oneself last, does not want to breathe deeply, no own opinion

inner anger, lets nothing out, single-minded, embittered, hard on oneself

worries over others, problems with the "inner child", neglects own vital interests, always sad, cries a lot.

"swallows" a great deal, lets nothing out, internal rebelling, loses oneself in addictions: eating and drinking

energy chakra, worries, rigid, does not surrender to the flow of life

suppresses one's own aggression, makes accusations, becomes allergic

partnership problems with parents, husband or wife, children, colleagues, neighbours, one's fellow human beings...

contact problems, insecurity, always sees one's own weaknesses, fearful, afraid of relationships

finds it hard to make a new start, fearful, problem with letting go of things from the past like e.g. parents, husband or wife, people, animals, place of residence, property, work, career

becomes tense very quickly, feelings of panic

sexual chakra, sexual problems, lethargy in "digesting", lack of security, feelings of guilt

How do I carry the "burden of life"? Problem: difference in legs, crooked position of pelvis, sits badly, too much in the car, "crossed" legs

Base chakra problems, little connection to "Mother Earth"

headaches, high blood pressure, migraines, memory loss, chronic tiredness, dizziness, paralysis down one side caused by irregular blood circulation in the brain halves

sinus complaints, eye trouble, deafness, ear pains

pain in the face nerves, spots, acne, ringing in one's ears, tooth ache, bad teeth, plaque, bleeding gums, neuralgia, tinnitus (noises in the ears)

constant cold, loss of hearing, chapped lips, cramped lip muscles, adenoids, catarrh

hoarseness, sore throat, chronic cold, laryngitis,

tonsillitis, croup, stiff neck, upper arm pains, whooping cough, goitre

diseases of the thyroid glands, colds, bursitis in the shoulder, depression, fear

shoulder pain, neck cramps, pains in the lower arm and hand, ligament inflammation in the lower arm, tennis elbow, furry feeling in the fingers

heart trouble, disruption in rhythm, fears, pains in the breastbone

bronchitis, influenza, pleurisy, pneumonia, cough, breathing difficulties, disruption in chest region, asthma

trouble with the gall bladder, gall stones, jaundice, headache on one side (from the gall meridian)

disruptions of the liver, low blood pressure, anaemia, fatigue, shingles, circulatory weaknesses, arthritis

stomach problems, disruptions in digestion, indigestion, diabetes

duodenal ulcers, stomach complaints, hiccups, disruptions of the vertebra over a longer period of time: lack of vitamins, feelings of weakness

problems with the spleen, weakness in the immune system

allergies, nettle rash

kidney problems, salt can not get out, chalked-up arteries, chronic fatigue

skin diseases like acne, spots, eczema, boils, raw skin, psoriasis (drink a lot)

problems with small intestine
wind, rheumatism, disruptions in growth, infertility

problems with large intestine, disruptions in circulation in the intestine, blockages, diarrhoea, etc., constipation

problems with the appendix, cramps in the stomach, hyperacidity, varicose veins

problems during pregnancy, menstruation pain, menopause problems, bladder pain, knee ache - often together with the bladder, impotence, bed-wetting

sciatica, lumbago, prostate trouble, painful or too frequent urination
important: massage the painful buttock muscles with oil until soft

circulation problems in the lower leg and feet, cold feet, cramps in the calves, swelling of the feet and legs

sciatica, abdominal problems, chronic constipation, pains in the legs and feet

haemorrhoids, itching of the anus, pain on sitting

